

POWERHOUSE

COACHING

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“PLAN B”

I read this recently and it made an impact:

*Life is all about how you handle Plan B.
Plan A is always my first choice.
You know, the one where
Everything works out to be
Happily ever after.
But more often than not,
I find myself dealing with
The upside-down, inside-out version -
Where nothing goes as it should.
It's at this point that the real
Test of my character comes in...
Do I sink, or do I swim?
Do I wallow in self-pity and play the victim,
Or simply shift gears
And make the best of the situation?
The choice is all mine...
Life is all about how you handle Plan B.
- Suzy Toronto*

I've found over the years that Plan A is often just a decoy to get us somewhere else; somewhere that we're really meant to be instead. We can keep pushing ahead with Plan A like Sisyphus, wiping the sweat from our brow and wondering why it can't be easier. However, there's a time to persist, and there's also a time to say, "blow it, what's going on here? Is there a clearer path that I'm just not seeing?"

Don't be married to Plan A. Stay open and see what really works in life, instead of pushing for what 'should' but doesn't. My father said to me years ago, "Life is like a dance; if it's difficult, you're doing it wrong". How will you handle your Plan B?



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